



Have a question or problem with your foster care placement?

**FOSTER CARE**  
**OMBUDSMAN**  
**CAN HELP!**

**Call to make confidential reports:**

**844-286-0769**

**[hhs.texas.gov/foster-care-help](https://hhs.texas.gov/foster-care-help)**

Foster Care Ombudsman

P. O. Box 13247, Austin, Texas 78711-3247

Fax: 888-780-8099

As a youth in foster care, you have a right to ask a question or file a complaint with the Foster Care Ombudsman if any of your rights have been violated or ignored. You cannot be punished or threatened with punishment for making a complaint, and you have a right to make an anonymous complaint, if you choose. If you are not sure how we can help, please call.

**To report abuse or neglect at any time day or night, call**

**800-252-5400**



TEXAS  
Health and Human  
Services

Office of the  
Ombudsman